



**Programme Outcomes and Course Outcomes**  
**Bachelor of Arts (Psychology)**

Navneet Education Society's

**NAVNEET COLLEGE**  
**OF COMMERCE & SCIENCE**

*Recognised under Section 2(f) of the UGC Act, 1956*

# Bachelor of Arts (Psychology)

## Program Outcomes

PO1. Develop a clear understanding of social institutional structures, systems, procedures and policies existing across cultures, and interpret, compare and contrast ideas in diverse social cultural contexts, to engage reasonably with diverse groups.

PO2. Analyse and evaluate theories of individual and social behavior in the familiar contexts and extrapolate to unfamiliar contexts in order to resolve contemporary issues.

PO3. React thoughtfully with emotional moral competence to forms of expressive direct action and apply social strategies toward eradicating threats to a democratic and a healthy planet.

PO4. Effectively and ethically use concepts, vocabularies. Methods and modern technologies in human sciences to make meaningful contribution in creation of information and its effective dissemination.

PO5. Explore critical issues ideas phenomena and debates to define problems or to formulate hypotheses, as well as analyze evidence to formulate an option identify strategies, evaluate outcomes, draw conclusion and /or develop and implement solutions.

## Course Outcomes

### B.A. (Psychology) SEMESTER – I & II

#### **COS OF COMMUNICATION SKILLS IN ENGLISH (FYBA COMPULSORY PAPER, SEMESTER I & II)**

The learners will be able to:

CO1. To enhance the learner's communication skills by giving adequate exposure in reading, writing, listening and speaking skills and the related sub-skills.

CO2. To help the learners recognize and operate in various styles and registers in English.

CO3 To impart better writing skills by sensitizing the learners to the dynamics of effective writing.

CO4 To build up the learners confidence in oral and interpersonal communication by reinforcing the basics of pronunciation.

#### **COURSE TITLE: FOUNDATION COURSE I**

CO1:- To broaden the mind of students on a wide range of topics like communalism, regionalism, linguist and castes.

CO2:- To provide general understanding of our constitution and Indian political system. Group discussions, presentations and debates on social issues like female feticide, violence against women, women in media and people with physical and mental disabilities.

**COS OF FUNDAMENTALS OF PSYCHOLOGY (FYBA PAPER I, SMEESTER I & II):**

The learners will be able to:

- CO1. Define the fundamental concepts of psychology and outline the areas that are covered by specialists in lifespan development.
- CO2. Distinguish between different coping strategies as well as understand the relationship between resilience and coping
- CO 3. Evaluate alternative strategies for resolving cognitive dissonance
- CO 4. Outline the emotional and personality changes that are experienced by individuals in different phases of life.
- CO 5. Analyse how the basic cognitive processes and the ability of perception play an important role in human life.

**COS OF INTRODUCTION TO PROSE & FICTION (FYBA ENGLISH PAPER I, SMEESTER I & II)**

The learners will be able to:

- CO1. To expose students to the best examples of prose and poetry in English so that they realize the beauty and communicative power of English.
- CO2. To develop the ability to appreciate ideas and think critically
- CO3. To get acquainted with minor forms of literature in English and help them to appreciate the creative use of language in literature
- CO 4 To be introduced to the basics of phonology of English so that they can pronounce better and speak English correctly.

**COS OF MICRO ECONOMICS (FYBA ECONOMICS PAPER I, SMEESTER I & II)**

The learners will be able to:

- CO1. To introduce the students to elementary concepts in microeconomics.
- CO 2. To use these concepts to understand the relevance of microeconomics to the real world.
- CO 3. To build on these concepts in the future to develop deeper understanding of the Economy.
- CO 4. To get acquainted with the basic concepts of Micro economics and its application.

## B.A. (Psychology) SEMESTER – III & IV

**COS OF PSYCHOLOGY OF ADJUSTMENT (SYBA APPLIED COMPONENT, SMEESTER III & IV):**

- CO 1: Impart knowledge of the basic concepts and modern trends in Psychology of Adjustment.
- CO 2: Foster interest in Psychology of Adjustment as a field of study and research.
- CO3: Make the students aware of the practical applications of the various concepts in Psychology of Adjustment in the Indian context.
- CO4: Apply attribution theory to depression.

### **COS OF SOCIAL PSYCHOLOGY (SYBA PSYCHOLOGY PAPER II, SMEESTER III & IV):**

The learners will be able to:

- CO1. Explain the scientific nature of social psychology and the diverse factors that shape social thought and behavior.
- CO2. Analyse how the five basic nonverbal channels of communication reveal emotional states.
- CO3. Evaluate alternative strategies for resolving cognitive dissonance.
- CO4. Discuss the importance of affiliation in human relationships and express his or her own need for affiliation in interaction.
- CO5. Examine the nature of social skills and strive to develop these skills in oneself.
- CO6. Outline the main types of close relationships formed by people.

### **COS OF DEVELOPMENTAL PSYCHOLOGY (SYBA PSYCHOLOGY PAPER III, SMEESTER III & IV):**

The learners will be able to:

- CO1. Define the field of developmental psychology and outline the areas that are covered by specialists in lifespan development.
- CO2 Outline the physical changes that are experienced by adolescents as puberty is reached.
- CO3. Outline identity formation during adolescence.
- CO4. Outline the nature of family relationships during adolescence.
- CO5. Distinguish between different coping strategies as well as understand the relationship between resilience and coping.
- CO 6. Outline on the nature of post-formal thought.

### **COS OF INTRODUCTION TO DRAMA (SYBA ENGLISH PAPER II, SMEESTER III & IV)**

The learners will be able to:

- CO1. To introduce Drama as a major form of literature.
- CO2. To acquaint and familiarize the students with the minor forms, the elements and the types of drama.
- CO3. To encourage students to make a detailed study of a few sample masterpieces of English Drama from different parts of the world.
- CO4. To develop an interest among the students to appreciate and analyze drama independently.

### **COS OF INTRODUCTION TO POETRY (SYBA ENGLISH PAPER III, SMEESTER III & IV)**

The learners will be able to:

- CO1. To expose students to the best examples of literature in English and to contribute to their emotional quotient as well as independent thinking through Poetry.
- CO2. To instill universal human values through best poems of literature in English.
- CO3. To revise and reinforce the learning of some important areas of poetry for better linguistic competence.
- CO4. To get acquainted with the terminology in poetry criticism.

### **COS OF MACRO ECONOMICS (SYBA ECONOMICS PAPER II, SMEESTER III & IV)**

The learners will be able to:

CO1.To be aware of macroeconomic terminologies.

CO2. To be familiar with macroeconomic terms and concepts in order to understand economics at aggregate level.

CO3. To be aware about recent developments in macroeconomic literature.

CO4. To get acquainted with the basic concepts of Micro economics and its application.

### **COS OF PUBLIC FINANCE (SYBA ECONOMICS PAPER III, SMEESTER III & IV)**

The learners will be able to:

CO1. To know the scope of public finance.

CO2. To understand difference between Public finance and Private finance.

CO3. To know difference between efficiency and equity and to understand the concept of market failure.

CO4. To understand the concept of market failure and the term externality.

CO5. To know the term public goods and private goods.

## **B.A. (Psychology) SEMESTER – V & IV**

### **COS OF PSYCHOLOGICAL TESTING AND STATISTICS (TYBA PAPER IV, SMEESTER V & VI)**

The learners will be able to:

CO1. To impart knowledge and understanding of the nature, uses, technical features, and the process of construction of psychological tests.

CO2. To create awareness about measurement of intelligence and assessment of personality.

CO3. To impart knowledge and understanding of the basic concepts in Statistics and the various measures of Descriptive Statistics - their characteristics, uses, applications and methods of calculation.

CO4. To create a foundation for advanced learning of Psychological Testing, Assessment, and Statistics.

### **COS OF ABNORMAL PSYCHOLOGY (TYBA PAPER V, SMEESTER V & VI)**

The learners will be able to:

CO1.To impart knowledge and understanding of the basic concepts in Abnormal Psychology and the theories about Abnormality.

CO2. To impart knowledge and understanding of the different Psychological Disorders – their symptoms, diagnosis, causes and treatment.

CO3. To create awareness about Mental Health problems in society.

CO4.To create a foundation for higher education and a professional career in Clinical Psychology.

**COS OF INDUSTRIAL – ORGANIZATIONAL PSYCHOLOGY (TYBA PAPER VI, SMEESTER V & VI):**

The learners will be able to:

CO1.To impart knowledge and understanding of the basic concepts in and various facets of Industrial and Organizational Psychology.

CO2. To create awareness about the role and importance of Psychological factors and processes in the world of work.

CO3. To create a foundation for higher education and a professional career in Industrial Psychology and Organizational Behaviour.

**COS OF COGNITIVE PSYCHOLOGY (TYBA PAPER VII, SMEESTER V & VI):**

The learners will be able to:

CO1.To impart knowledge and understanding of the fundamental concepts of Cognitive Psychology and the basic Cognitive processes.

CO2.To create awareness about the various applications of Cognitive processes in everyday life and a foundation to enable understanding of their applications in other fields - Social, Educational, Industrial, Abnormal, Counseling, Sports, Health, Education, and Neuro-Psychology.

CO3. To provide the theoretical orientation and background for the courses on Practicals in Cognitive Processes.

CO4. To create a foundation for higher education and a career in the field of Cognitive Psychology.

**COS OF PRACTICAL IN COGNITIVE PROCESSES AND PSYCHOLOGICAL TESTING (TYBA PAPER VIII, SMEESTER V & VI):**

The learners will be able to:

CO1. To introduce the students to Experimentation through exposure to and experience of experimental designs, methodology and conduct of experiments, statistical analysis, interpretation and discussion of data.

CO2. To introduce the students to Psychological Testing: administration, scoring and interpretation of test scores as well as a procedural understanding of concepts related to psychological testing

CO3. To familiarize the students with computer-based experiments (Coglab) and sensitize them to aspects of control, precision of exposure and measurement

CO4. To stimulate interest in the process of scientific inquiry with an analytical attitude and to create a foundation for advanced Experimentation and Research in Psychology and applications of advanced Statistical techniques.

**COS OF COUNSELING PSYCHOLOGY (TYBA PAPER IX, SMEESTER V & VI):**

The learners will be able to:

CO 1. To impart knowledge and understanding of the nature, process, goals, techniques, ethical issues and major theories in Counseling Psychology

CO 2. To generate interest in the various applications and fields of counseling

CO 3. To create a foundation for higher education in Counseling

CO 4. To develop a career as a professional counselor

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